

Shenandoah Academy of Dance

Dress Code

Toddlers & Preschool Creative Movement:

Slippers:

Capezio Daisy (Pink for girls, black for boys): 205X, 205T, 205C Full sole leather

Attire:

White t shirt, black dance pants / shorts for boys

Solid color leotard (skirt optional), Capezio ballet pink 1915 tights for girls

Girls' hair should be pulled up and out of their faces

Ballet I & II:

Slippers:

Capezio Daisy (Pink for girls, black for boys): 205C Full sole leather

Attire:

White t shirt, black dance pants / shorts for boys

Light pink, lavender or light blue solid color leotard (camisole, cap sleeve or long-sleeve);

Capezio ballet pink 1915 or 1916C tights for girls

Girls' hair must be pulled up and out of their faces

Ballet III:

Slippers:

Capezio 2033 (Leather Cobra, split sole) in pink for girls and black slippers for boys. Tickle Pink Performance Wear staff can help with approved alternatives for challenging sizes.

Attire:

White t shirt, black dance pants / shorts for boys

Solid color (black, lavender, light pink or light blue) solid leotard (camisole, cap sleeve or long-sleeve). **Approved** dance skirt (no athletic shorts) for center work only. Please no shirts, sweatshirts or sweatpants in class.

Capezio 1916 BPK Transition tights for girls.

Girls' hair must be pulled up and out of their faces. In this level, it is necessary for girls to have a bun in their hair for class.

Ballet IV and V:

Slippers:

Capezio 2033 (Leather Cobra, split sole)

Russian Pointe Vivante (canvas) in pink for girls. Not available for boys.

Capezio Hanami (canvas) in pink for girls. Not available for boys.

Capezio Romeo (split sole canvas) in black for boys

Attire:

White t shirt, black tights for boys

Solid color leotard. Please note that a black leotard is highly recommended in this level as master classes are often encouraged. **Approved dance skirt only in center. Absolutely no athletic shorts.**

Please no shirts, sweatshirts or sweatpants in class.

Capezio 1916 BPK or Russian Pointe Pink transition tights for girls.

Pointe shoes must be approved by the director for those ladies dancing en pointe.

Additional dress code notes for all classes at the Shenandoah Academy of Dance:

It is imperative to understand that dancers who are dressed properly for class dance better in class. While I have been very easy on dress code, it has led to a degree of unpreparedness for classes.

This season, teachers will be much more diligent about class attire:

Hair must be in a bun for ballet in Ballet III and above. Ponytails do not allow for students to learn how to spot their turns properly. It is also distracting to the students and the instructors.

No warmups allowed in class (shirts, sweatshirts, sweatpants, etc.). Approved dance sweaters can be worn on extremely cold days / evenings.

For Ballet I and up: girls must have ballet pink tights. No black or other color tights.

For Ballet I and up: Skirts (when allowed) must be approved dance skirts. No empire waisted outfits. No tutu skirts will be allowed. There are reasons for this.

For all classes: Jewelry must be limited. Bracelets, excessively large necklaces, dangling earrings, etc. are not allowed.

For all classes: No leotards / dancewear with beads, rhinestones, sparkles, sequins, etc. are allowed. There are many reasons for this including distraction and clean up.

For all classes: If your hair is long enough for a ponytail, it must be up and off of your face. Higher levels must have hair in a bun.

Please note that if dress code is not being followed, students may be asked to sit out. Dress code in class is for uniformity, professionalism and pride in one's self as well as in their dance school.

Shenandoah Academy of Dance Modern, Jazz and Tap Dress Code

Jazz (all levels):

Shoes:

Dancers may choose from either

Capezio CP05C, CP05 (BLK), Russian Pointe Motion (BLK), BodyWrappers/Angelo Luzio Beebe. All must be slip on and must be professional fit at a dance wear store.

At the teacher's discretion: Food Undeez (Nude) by Capezio or the Minima (Nude) by Russian Pointe may be used.

Attire:

Boys: black or white t shirt with black dance pants.

Girls: black or solid color leotard with black jazz pants or approved dance shorts (no athletic shorts).

**** NO STREET CLOTHES ALLOWED ****

Girls' hair must be pulled up and out of their faces.

Modern (all levels):

Shoes:

Barefoot. Upon teacher approval: Capezio Footundeez (Nude) or Russian Pointe Minima (Nude) may be worn.

Attire:

Boys: black or white t shirt with black dance pants or footless tights

Girls: Black or solid color leotard with either Capezio 1916X, 1916C, 1916 transition tights (BPK is fine for class) and approved dance shorts may be worn.

**** NO STREET CLOTHES ALLOWED ****

Girls' hair must be pulled up and out of their faces.

Tap:

Shoes:

Capezio 3800C Caramel Mary Janes for girls. Boys should check with the director/instructor.

Please do not purchase tap shoes from Payless or Target or other non-dance related stores. The taps on these shoes are not always safe for the flooring surface in the studio. Taps must be routinely checked to make sure they are secure.

Attire:

Boys: Black or white t shirt with black dance pants / shorts

Girls: Black or solid color leotard with an approved dance skirt or approved dance shorts.

Tights: Capezio 1915X, 1916C or 1916 BPK.

**** NO STREET CLOTHES OR GYM SHORTS ****

Girls' hair must be pulled up and out of their faces.